



**I am going to Glen Helen
Outdoor School!**



Your class is going to spend a day in Glen Helen at Outdoor School! Glen Helen is a 1000+ acre nature preserve, and you will turn it into your classroom.



You'll spend the day with your classmates, teachers, and your very own naturalist! Your naturalist is someone who loves teaching about nature and science and is very excited to spend the day with you.





You'll be in a small trail group with your classmates who will be learning together during the program.



You will be going on a lesson hike with your trail group and naturalist.



You will be learning about nature, science, and teamwork!



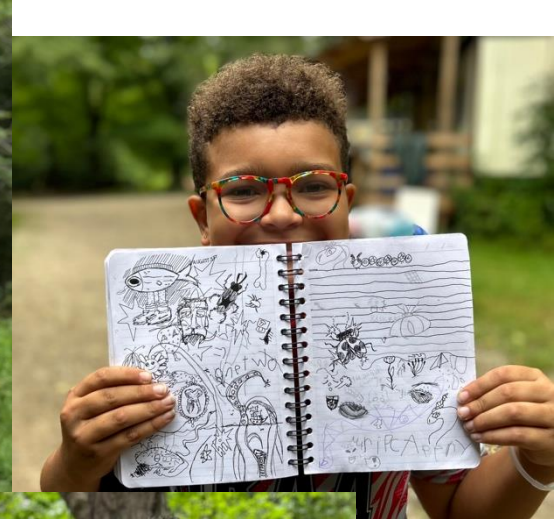
Your lesson hike will be two hours long and outside!



Then, you will be eating lunch!



We will have a cookout lunch – roasting hotdogs & enjoying coleslaw, baked beans, chips, lemonade, fruit, and veggies.



To prepare for your day at Outdoor School:



good walking shoes



backpack

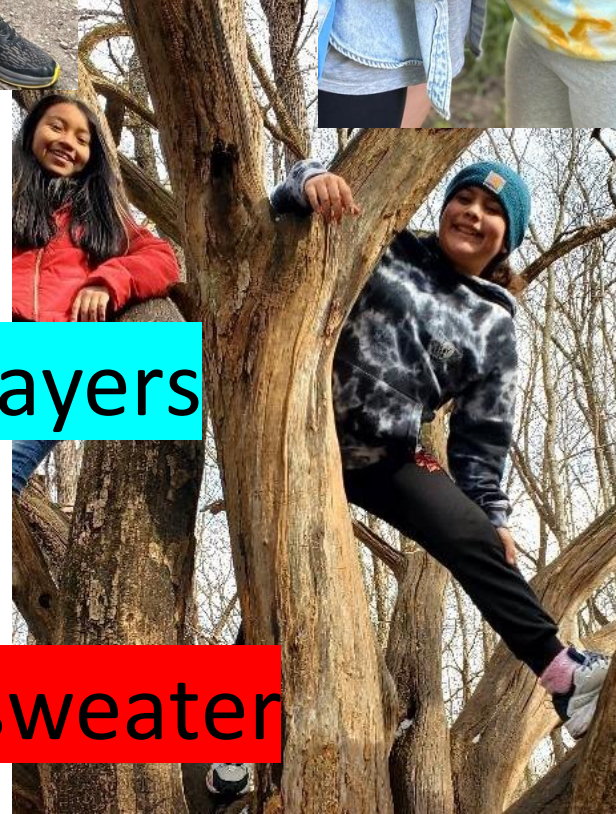


water bottle

weather ready



clothing layers



jacket or sweater

**READY TO BE
OUTSIDE ALL
DAY!**



**What questions
do you have?**