

Glen Helen
Outdoor Education Center

**Welcome to
Outdoor School!**



p: 937.767.7648 | www.glenhelen.org | 1075 State Route 343 Yellow Springs, OH 45387



Glen Helen Association & Nature Preserve

Located in Yellow Springs, Ohio

The mission of Glen Helen Association is:

We steward and strengthen Glen Helen for present and future generations, safeguard the ecological, historical, and geological resources within its bounds, and utilize the preserve to offer life-shaping environmental learning to our students and visitors.



Opened in 1956, the Outdoor Education Center (OEC) is the longest running center in the Miami Valley, and the model for other residential learning centers all over the world.

Outdoor Education Center Mission & Outdoor School Goals



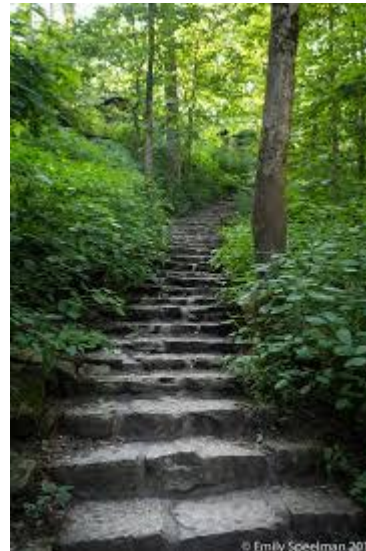
The mission of the Glen Helen Outdoor Education Center is to provide transformative learning experiences that engage learners in the practices of sciences; promote self-discovery and growth; cultivate community; and create a connection to our natural world

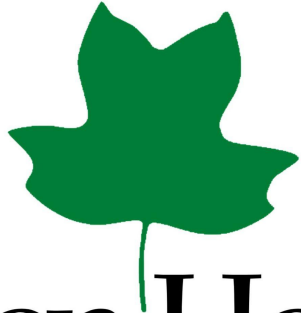


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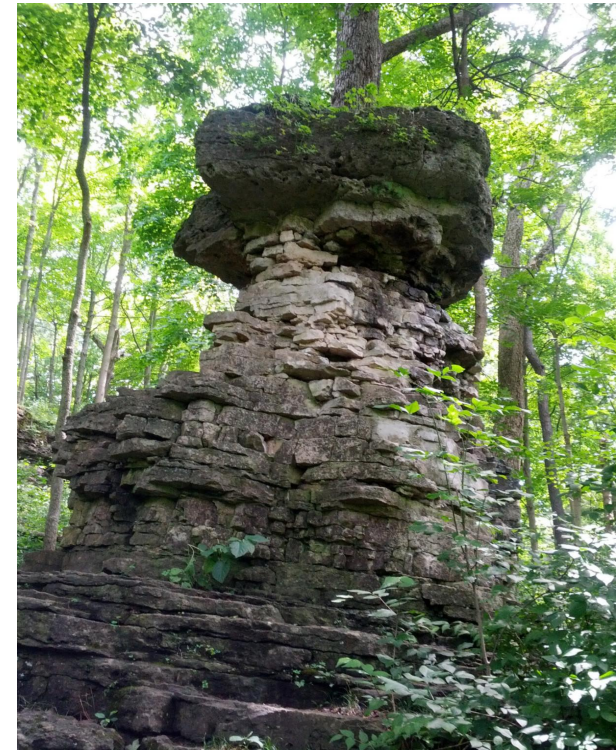
1,200 Acre classroom
without walls!

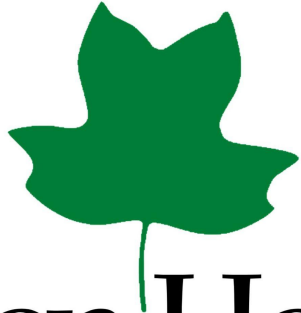




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The Big Questions

Our Naturalist Teacher Interns

- 1:12 Naturalist to Students
- Constant contact
- All have completed 2 or 4 year degrees, usually in science or education
- Successful on-site interview + reference checks
- First Aid & CPR certified
- BCI, FBI background check
- Love Kids, Nature, & Science



Arrival and Lodge



Students know their cabins and when they arrive in the Glen, they meet up in their cabin groups and carry their belongings to their new home for the week!

Your Students' Home Away from Home

- Heated
- Indoor plumbing
- Individual stall showers
- Each dorm wing has its own bathroom
- Adult sleeping areas separate and between student wings
- Dorms supervised by school personnel and approved chaperones





THREE DAY OUTDOOR SCHOOL SCHEDULE

	Day 1- Arrival Day	Day 2	Day 3 - Departure Day
7:30 AM		Set-Up Group to Lodge	Set-Up Group to Lodge
8:00 AM		8-8:45a - BREAKFAST in Lodge	
8:30 AM		8:45-9a - students back to dorms to prepare for morning hike	
9:00 AM	School Arrivall Student Orientation, Teacher Meeting, and Settle in the Dorms	9-11a - Morning Hike	9:15-11a - Morning Hike
9:30 AM			
10:00 AM			
10:30 AM			
11:00 AM		11a-12p - Dorm Time	11a-12p -Cookout Lunch (weather permitting)
11:30 AM	11:30a - Set-Up Group to Lodge		
12:00 PM	12-12:45p - LUNCH	12-12:45p - LUNCH	12-1p - Departure
12:30 PM	12:45-1:15p - Dorm Time	12:45-1:15p - Dorm Time	
1:00 PM	1:15-3:15p - Afternoon Hike	1:15-3:15p - Afternoon Hike	
1:30 PM			
2:00 PM	3:15-3:30p - Snack at Fire Circle	3:15-3:30p - Snack at Fire Circle	
2:30 PM			
3:00 PM	3:30-4:30p - Dorm Time & Campstore	3:30-4:30p - Dorm Time	
3:30 PM			
4:00 PM	4:30 - Afternoon Activities		
4:30 PM	5:30-6p - Dorm Time / Set-up Group to Lodge		
5:00 PM	6-6:45p - DINNER in Lodge		
5:30 PM	6:45-7:15p - Dorm Time / Prep for Evening Program		
6:00 PM	7:15-8:30p - Naturalists' Evening Program	Night Hike (time dependent on sunset)	
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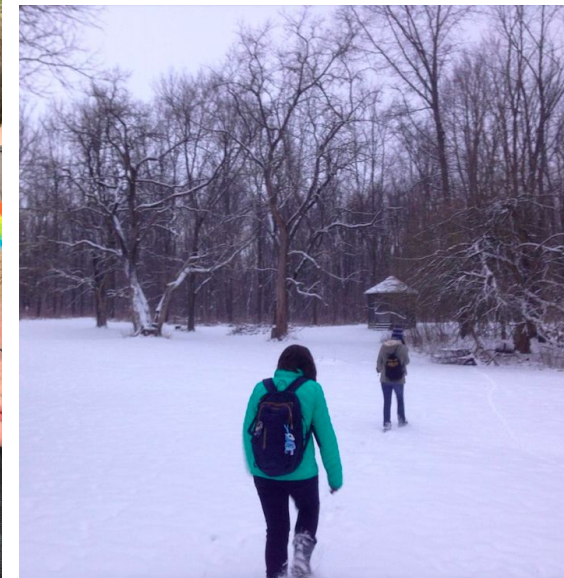
The Outdoor School Curriculum, Pt. 1

Lesson Hikes



The Outdoor School Curriculum, Pt. 2

Social Emotional, Experiential, & Cooperative Learning



What about the food?

- Students eat with their trail groups at every meal
- 3 hot, well-balanced meals each day
- Afternoon snack (apples, bananas, brownies)
- Able to accommodate vegan and vegetarian diets
- Well-versed in food allergy precautions, including nuts, gluten, dairy, and more



Health & Safety

Medications:

- Distributed by teachers/school staff
- Inhalers / Epipens will be carried to all activities by either students or their naturalist - parents & school can decide who should carry

In Case of Emergency:

- Miami Township Fire & Rescue is less than 3 minutes away
- Greene Memorial Hospital is 10-15 minutes away
- Hometown Urgent Care is 20 minutes away

COVID-19 Policies:

- GH Staff is vaccinated; mask when not feeling well

Health & Liability Forms



Some Final Outdoor School Tips

Prepare for LOTS of hiking – up to 5 miles / day

- Sturdy, closed-toe shoes
- Think about sending 2 pairs
- Rain/muck boots good for heavy rain
- Flip flops ONLY allowed in showers/dorms

Prepare for the weather!

- Water resistant clothing – ponchos
- Layers, layers, layers
- Extra socks
- Remember your water bottle

Packing

- Students are responsible for carrying their own luggage!
- Dirt/gravel paths – rolling luggage can be challenging

**Please leave ALL electronic screens at home!
Film or un-networked digital cameras are fine.**





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