



**Welcome to Glen Helen
Outdoor School!**



Your class is going to Glen Helen Outdoor School! Glen Helen is a 1000+ acre nature preserve, and you will turn it into your classroom.



You'll spend the time with your classmates, teachers, and your very own naturalist!

Your naturalist is someone who loves teaching about nature and science and is very excited to spend the week with you.



You'll be in a small trail group with your classmates who will be learning together during Outdoor School.



You will be going on two lesson hikes with your trail group and naturalist each day



You will be learning about nature, science,
and teamwork!



Your teachers will be choosing three lessons for you, focused on ecosystems, plants and animals, geology, and more.



Your lesson hikes will each be two hours long and outside!



Regardless of the chosen lessons, you'll get to visit the Raptor Center and meet an owl or hawk, meet a snake or a turtle, and more!



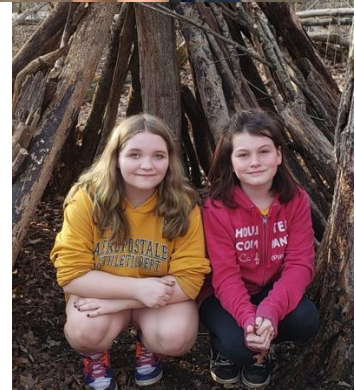
Each day, we will be eating our meals together in the Lodge dining hall.



Each meal will have its own menu, plus options & staples. We will challenge you to eat mindfully and not to waste food.



After lesson hikes, we'll have afternoon activities at 4:30, and Evening Program after dinner.



To prepare for your time at
Outdoor School:



weather ready



backpack

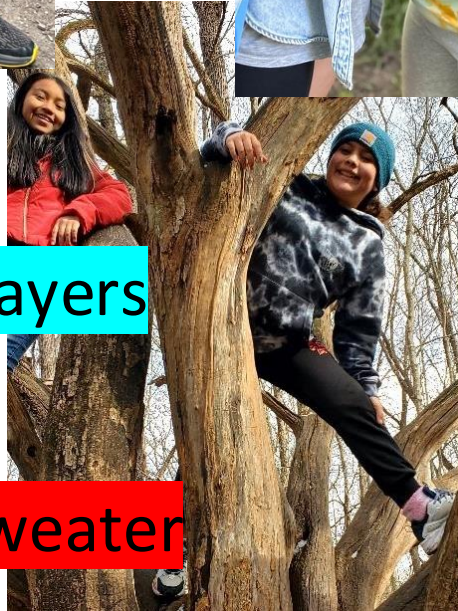
good walking shoes



water bottle

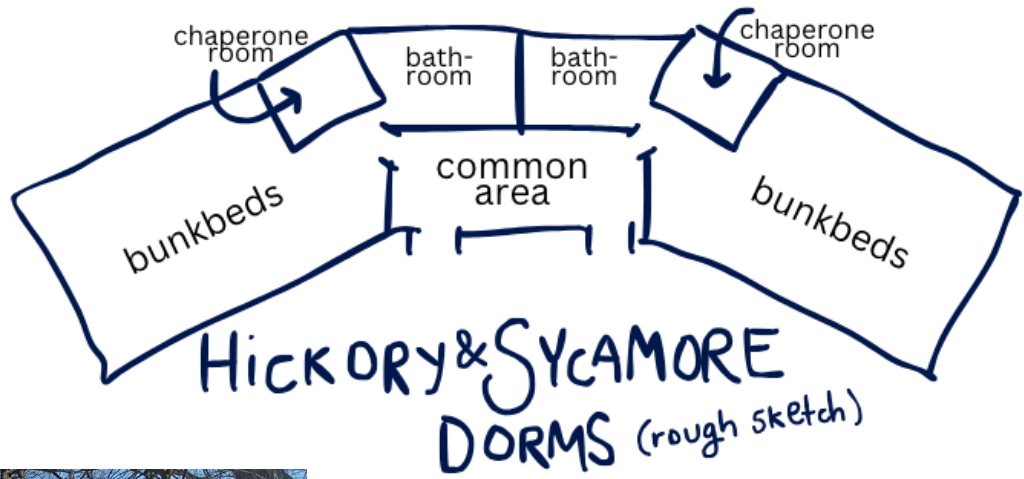


clothing layers

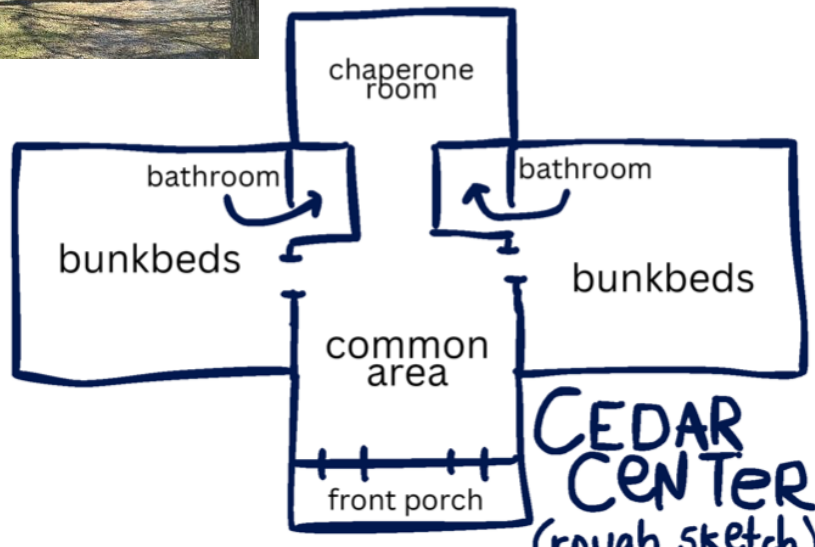


jacket or sweater

**READY TO BE
OUTSIDE ALL
DAY!**



There are three dorms:
Hickory, Sycamore, and
Cedar Center







**What questions
do you have?**